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Hyperhidrosis Treatment Plans

Post treatment plan:

- You may pat dry and pat wash the injected area
- No massages or facials near the face for the next 24 hours
- No heavy exercise for 24 hours post injection
- Continue to wear your deodorant daily. The injections typically reduce sweating by 90% - meaning the deodorant can take care of the rest!
- For palmar hyperhidrosis a second top up visit is often required. The doctor is careful to inject just the right amount of botox to stop sweating but not too much to weaken the small muscles of the hand

What typically happens:

- Initially there may be some small amount of redness, like a mosquito bite, around the injected area
- The Cosmetic Injections will have no effect on the sweating for the first 3 days so do not worry!
 - At 5 days it typically causes a 50% reduction in sweating
 - At 2-3 weeks after the procedure treatment the injections will be 100% effective. We usually get our patients back for review at this point and if there remains any movement in the target muscles a small amount of additional botox may be required
- Cosmetic Injections duration of action
 - An anti-sweating treatment typically lasts 9 months
 - Some sweating typically returns at 6-7 months and this gradually increases till the botox has no effect. Typically at 9 months
- Most patients get their anti-sweating injections once a year to maintain their dry, cool skin

* This plan is not a substitute for medical advice. If you have any concerns about a treatment please contact us as soon as possible.