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Anti-Wrinkle Injection Post-Treatment Plans

Post treatment plan

- Exercise the muscles injected as much as possible in the 2 hours immediately post treatment.
 - This will increase the the injections penetration into nerve and muscles meaning it will work faster and last longer.
- Do not rub the area injected for the next 24 hours.
 - Rubbing the muscles may cause the injections to move to the wrong muscles. Increasing the risk the wrong muscle will immobilised.
- You may pat dry and pat wash the injected area
- No massages or facials near the face for the next 24 hours
- No heavy exercise for 24 hours post injection

What typically happens

- Initially there may be some small amount of redness, like a mosquito bite, around the injected area
- In the unlikely event a bruise develops this will heal in the time a bruise normally would about 1-2 weeks. Covering this with makeup is recommended
- The Anti-wrinkle Injections will have no effect initially:
 - At 3 days it will usually cause a 50% weakening in the injected muscles
 - At 5 days it typically causes an 80% weakening in the injected muscles
 - At 10-14 days post treatment the injections will be 100% effective. We usually get our patients back for review at this point and if there remains any movement in the target muscles a small amount of additional botox may be required
- Anti-wrinkle Injections duration of action
 - An amto-wrinkle injections treatment typically lasts 4 months
 - Some movement usually returns at about 3 months. This movement will gradually increase until full movement returns – normally at about 4 months
- Most patients get their cosmetic injections 2-4 times a year to maintain the natural smoothing effect and to help prevent static wrinkles forming

* This plan is not a substitute for medical advice. If you have any concerns about a treatment please contact us as soon as possible.